

Recipe Nutrition Summary

for Warren Consolidated Schools

March 1, 2021 through April 1, 2021

Site: Butcher Community Center; Menu Designation: Planned; Period: Lunch

3/1/2021 Butcher Community Center - Lunch

	<u>Serving Size</u>	<u>Calories</u>	<u>Saturated Fat</u>	<u>Calories from Saturated Fat (%)</u>	<u>Sodium</u>	<u>Fat</u>	<u>Carbs</u>	<u>Dietary Fiber</u>	<u>Sugars</u>	<u>Protein</u>
Apple Juice	1 juice, apple 100% fresh	60.00	0.00g	0.000%	10.00mg	0.00g	13.00g	0.00g		0.00g
Assorted Fruit	1/2 cup	55.54	0.03g	0.449%	3.68mg	0.15g	14.35g	2.00g		0.50g
Assorted Vegetables	.50 cup	24.77	0.00g	0.000%	45.86mg	0.00g	5.26g	1.87g		1.13g
Brite Harbor Lite Italian Dressing Packet	1 Brite Harbor Lite Italian Dressing Packet	50.00	0.50g	9.000%	260.00mg	4.50g	3.00g	0.00g		0.00g
fat free chocolate prairie farm	1 fat free chocolate prairie farm	110.00	N/A	N/A	180.00mg	N/A	19.00g	N/A		8.00g
fat free white milk prairie farms	1 fat free white milk prairie farms	80.00	N/A	N/A	120.00mg	N/A	11.00g	N/A		8.00g
GFS Low Sodium Lite Ranch Dressing	1 dressing, ranch buttermilk packet	30.00	0.00g	0.000%	55.00mg	2.50g	2.00g	0.00g		0.00g
GFS Whole Grain Honey Wheat Dinner Rolls	1 GFS Whole Grain Honey Wheat Dinner Rolls	80.00	0.00g	0.000%	90.00mg	1.00g	13.00g	1.00g		3.00g
M.S. Turkey & Cheese Sub Sandwich	1	307.02	4.01g	11.758%	1491.59mg	6.93g	34.68g	4.94g		28.34g
Macaroni and Cheese Whole Grain/elbow	6 oz	299.99	N/A	N/A	659.99mg	15.00g	27.00g	2.00g		16.00g
Par Baked Pizza Big Daddy's Middle School	1 slice	360.00	8.00g	20.000%	490.00mg	16.00g	35.00g	4.00g		18.00g
PPI Mayonnaise, Packets	1 PPI Mayonnaise, Packets	60.00	1.00g	15.000%	60.00mg	6.00g	1.00g	0.00g		0.00g
Soybutter Meal with goldfish crackers	1	450.00	6.00g	12.000%	600.00mg	22.00g	43.00g	5.00g		20.00g
Veggie Chef Salad Middle School	1	357.15	3.75g	9.445%	507.91mg	10.23g	39.68g	6.18g		24.40g

3/4/2021 Butcher Community Center - Lunch

	<u>Serving Size</u>	<u>Calories</u>	<u>Saturated Fat</u>	<u>Calories from Saturated Fat (%)</u>	<u>Sodium</u>	<u>Fat</u>	<u>Carbs</u>	<u>Dietary Fiber</u>	<u>Sugars</u>	<u>Protein</u>
Apple Juice	1 juice, apple 100% fresh	60.00	0.00g	0.000%	10.00mg	0.00g	13.00g	0.00g		0.00g
Assorted Fruit	1/2 cup	55.54	0.03g	0.449%	3.68mg	0.15g	14.35g	2.00g		0.50g
Assorted Vegetables	.50 cup	24.77	0.00g	0.000%	45.86mg	0.00g	5.26g	1.87g		1.13g

* = Calculations based on incomplete data including amounts marked "N/A"

Recipe Nutrition Summary

for Warren Consolidated Schools

March 1, 2021 through April 1, 2021

3/4/2021 Butcher Community Center - Lunch

	<u>Serving Size</u>	<u>Calories</u>	<u>Saturated Fat</u>	<u>Calories from Saturated Fat (%)</u>	<u>Sodium</u>	<u>Fat</u>	<u>Carbs</u>	<u>Dietary Fiber</u>	<u>Sugars</u>	<u>Protein</u>
Bosco Sticks - Whole Grain	2 Bosco Sticks - Whole Grain	300.00	5.00g	15.000%	440.00mg	10.00g	34.00g	4.00g		20.00g
Chicken Chef Salad Middle School	1	539.65	6.61g	11.032%	895.91mg	8.42g *	54.12g	9.18g		31.11g
Chicken nuggets	1 serving of 5	240.00	2.50g	9.375%	470.00mg	14.00g	16.00g	3.00g		13.00g
fat free chocolate prairie farm	1 fat free chocolate prairie farm	110.00	N/A	N/A	180.00mg	N/A	19.00g	N/A		8.00g
fat free white milk prairie farms	1 fat free white milk prairie farms	80.00	N/A	N/A	120.00mg	N/A	11.00g	N/A		8.00g
GFS Low Sodium Lite Ranch Dressing	1 dressing, ranch buttermilk packet	30.00	0.00g	0.000%	55.00mg	2.50g	2.00g	0.00g		0.00g
GFS Whole Grain Honey Wheat Dinner Rolls	1 GFS Whole Grain Honey Wheat Dinner Rolls	80.00	0.00g	0.000%	90.00mg	1.00g	13.00g	1.00g		3.00g
HS Ham & Cheese Sub	1	357.92	7.51g	18.888%	1183.30mg	15.59g	31.70g	4.58g		26.43g
Litehouse Classic Ranch Dressing Packet	1 Litehouse Classic Ranch Dressing Packet	210.00	3.00g	12.857%	330.00mg	21.00g	5.00g	0.00g		0.00g
PPI Mayonnaise, Packets	1 PPI Mayonnaise, Packets	60.00	1.00g	15.000%	60.00mg	6.00g	1.00g	0.00g		0.00g
sauce, bbq packet	1 sauce, bbq packet	20.00	0.00g	0.000%	90.00mg	0.00g	5.00g	0.00g		0.00g
sauce, marinara	1 sauce, marinara	60.00	0.00g	0.000%	490.00mg	2.00g	9.00g	2.00g		2.00g
Soybutter Meal with goldfish crackers	1	450.00	6.00g	12.000%	600.00mg	22.00g	43.00g	5.00g		20.00g

3/8/2021 Butcher Community Center - Lunch

	<u>Serving Size</u>	<u>Calories</u>	<u>Saturated Fat</u>	<u>Calories from Saturated Fat (%)</u>	<u>Sodium</u>	<u>Fat</u>	<u>Carbs</u>	<u>Dietary Fiber</u>	<u>Sugars</u>	<u>Protein</u>
Apple Juice	1 juice, apple 100% fresh	60.00	0.00g	0.000%	10.00mg	0.00g	13.00g	0.00g		0.00g
Assorted Fruit	1/2 cup	55.54	0.03g	0.449%	3.68mg	0.15g	14.35g	2.00g		0.50g
Assorted Vegetables	.50 cup	24.77	0.00g	0.000%	45.86mg	0.00g	5.26g	1.87g		1.13g
Brite Harbor Lite Italian Dressing Packet	1 Brite Harbor Lite Italian Dressing Packet	50.00	0.50g	9.000%	260.00mg	4.50g	3.00g	0.00g		0.00g
Chicken Strips	3 Chicken Strips	260.00	2.50g	8.654%	390.00mg	15.00g	16.00g	3.00g		15.00g

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March 1, 2021 through April 1, 2021

3/8/2021 Butcher Community Center - Lunch

	<u>Serving Size</u>	<u>Calories</u>	<u>Saturated Fat</u>	<u>Calories from Saturated Fat (%)</u>	<u>Sodium</u>	<u>Fat</u>	<u>Carbs</u>	<u>Dietary Fiber</u>	<u>Sugars</u>	<u>Protein</u>
fat free chocolate prairie farm	1 fat free chocolate prairie farm	110.00	N/A	N/A	180.00mg	N/A	19.00g	N/A		8.00g
fat free white milk prairie farms	1 fat free white milk prairie farms	80.00	N/A	N/A	120.00mg	N/A	11.00g	N/A		8.00g
GFS Low Sodium Lite Ranch Dressing	1 dressing, ranch buttermilk packet	30.00	0.00g	0.000%	55.00mg	2.50g	2.00g	0.00g		0.00g
Krusteaz Whole Grain Waffle	1 Waffle	105.00	0.50g	4.286%	175.00mg	3.50g	16.50g	2.50g		2.00g
M.S. Turkey & Cheese Sub Sandwich	1	307.02	4.01g	11.758%	1491.59mg	6.93g	34.68g	4.94g		28.34g
Par Baked Pizza Big Daddy's Middle School	1 slice	360.00	8.00g	20.000%	490.00mg	16.00g	35.00g	4.00g		18.00g
PPI Mayonnaise, Packets	1 PPI Mayonnaise, Packets	60.00	1.00g	15.000%	60.00mg	6.00g	1.00g	0.00g		0.00g
sauce, bbq packet	1 sauce, bbq packet	20.00	0.00g	0.000%	90.00mg	0.00g	5.00g	0.00g		0.00g
Soybutter Meal with goldfish crackers	1	450.00	6.00g	12.000%	600.00mg	22.00g	43.00g	5.00g		20.00g
syrup, pancake cup	1 syrup, pancake cup	110.00	0.00g	0.000%	20.00mg	0.00g	29.00g	0.00g		0.00g
Veggie Chef Salad Middle School	1	357.15	3.75g	9.445%	507.91mg	10.23g	39.68g	6.18g		24.40g

3/11/2021 Butcher Community Center - Lunch

	<u>Serving Size</u>	<u>Calories</u>	<u>Saturated Fat</u>	<u>Calories from Saturated Fat (%)</u>	<u>Sodium</u>	<u>Fat</u>	<u>Carbs</u>	<u>Dietary Fiber</u>	<u>Sugars</u>	<u>Protein</u>
Apple Juice	1 juice, apple 100% fresh	60.00	0.00g	0.000%	10.00mg	0.00g	13.00g	0.00g		0.00g
Assorted Fruit	1/2 cup	55.54	0.03g	0.449%	3.68mg	0.15g	14.35g	2.00g		0.50g
Assorted Vegetables	.50 cup	24.77	0.00g	0.000%	45.86mg	0.00g	5.26g	1.87g		1.13g
Bosco Sticks - Whole Grain	2 Bosco Sticks - Whole Grain	300.00	5.00g	15.000%	440.00mg	10.00g	34.00g	4.00g		20.00g
Chicken Chef Salad Middle School	1	539.65	6.61g	11.032%	895.91mg	8.42g *	54.12g	9.18g		31.11g
fat free chocolate prairie farm	1 fat free chocolate prairie farm	110.00	N/A	N/A	180.00mg	N/A	19.00g	N/A		8.00g

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Recipe Nutrition Summary

for Warren Consolidated Schools

March 1, 2021 through April 1, 2021

3/11/2021 Butcher Community Center - Lunch

	<u>Serving Size</u>	<u>Calories</u>	<u>Saturated Fat</u>	<u>Calories from Saturated Fat (%)</u>	<u>Sodium</u>	<u>Fat</u>	<u>Carbs</u>	<u>Dietary Fiber</u>	<u>Sugars</u>	<u>Protein</u>
fat free white milk prairie farms	1 fat free white milk prairie farms	80.00	N/A	N/A	120.00mg	N/A	11.00g	N/A		8.00g
GFS Low Sodium Lite Ranch Dressing	1 dressing, ranch buttermilk packet	30.00	0.00g	0.000%	55.00mg	2.50g	2.00g	0.00g		0.00g
HS Ham & Cheese Sub	1	357.92	7.51g	18.888%	1183.30mg	15.59g	31.70g	4.58g		26.43g
JTM Food Group Sloppy Joe	3.63oz	150.00	2.00g	12.000%	420.00mg	6.00g	10.00g	2.00g		13.00g
Litehouse Classic Ranch Dressing Packet	1 Litehouse Classic Ranch Dressing Packet	210.00	3.00g	12.857%	330.00mg	21.00g	5.00g	0.00g		0.00g
PPI Mayonnaise, Packets	1 PPI Mayonnaise, Packets	60.00	1.00g	15.000%	60.00mg	6.00g	1.00g	0.00g		0.00g
sauce, bbq packet	1 sauce, bbq packet	20.00	0.00g	0.000%	90.00mg	0.00g	5.00g	0.00g		0.00g
sauce, marinara	1 sauce, marinara	60.00	0.00g	0.000%	490.00mg	2.00g	9.00g	2.00g		2.00g
Soybutter Meal with goldfish crackers	1	450.00	6.00g	12.000%	600.00mg	22.00g	43.00g	5.00g		20.00g
Whole Wheat Hot Dog Bun GFS	1 Whole Wheat Hot Dog Bun GFS	100.00	0.00g	0.000%	120.00mg	2.00g	21.00g	4.00g		5.00g

3/15/2021 Butcher Community Center - Lunch

	<u>Serving Size</u>	<u>Calories</u>	<u>Saturated Fat</u>	<u>Calories from Saturated Fat (%)</u>	<u>Sodium</u>	<u>Fat</u>	<u>Carbs</u>	<u>Dietary Fiber</u>	<u>Sugars</u>	<u>Protein</u>
2 pieces Tyson Breaded Whole Grain Chicken Drumsticks	2 Drumsticks	190.00	2.50g	11.842%	450.00mg	11.00g	5.00g	0.00g		16.00g
Apple Juice	1 juice, apple 100% fresh	60.00	0.00g	0.000%	10.00mg	0.00g	13.00g	0.00g		0.00g
Assorted Fruit	1/2 cup	55.54	0.03g	0.449%	3.68mg	0.15g	14.35g	2.00g		0.50g
Assorted Vegetables	.50 cup	24.77	0.00g	0.000%	45.86mg	0.00g	5.26g	1.87g		1.13g
Brite Harbor Lite Italian Dressing Packet	1 Brite Harbor Lite Italian Dressing Packet	50.00	0.50g	9.000%	260.00mg	4.50g	3.00g	0.00g		0.00g
fat free chocolate prairie farm	1 fat free chocolate prairie farm	110.00	N/A	N/A	180.00mg	N/A	19.00g	N/A		8.00g
fat free white milk prairie farms	1 fat free white milk prairie farms	80.00	N/A	N/A	120.00mg	N/A	11.00g	N/A		8.00g
GFS Low Sodium Lite Ranch Dressing	1 dressing, ranch buttermilk	30.00	0.00g	0.000%	55.00mg	2.50g	2.00g	0.00g		0.00g

* = Calculations based on incomplete data including amounts marked "N/A"

Recipe Nutrition Summary

for Warren Consolidated Schools

March 1, 2021 through April 1, 2021

3/15/2021 Butcher Community Center - Lunch

	<u>Serving Size</u>	<u>Calories</u>	<u>Saturated Fat</u>	<u>Calories from Saturated Fat (%)</u>	<u>Sodium</u>	<u>Fat</u>	<u>Carbs</u>	<u>Dietary Fiber</u>	<u>Sugars</u>	<u>Protein</u>
	packet									
M.S. Turkey & Cheese Sub Sandwich	1	307.02	4.01g	11.758%	1491.59mg	6.93g	34.68g	4.94g		28.34g
Muffin Town Smart Choice Cornbread	1 Cornbread	180.00	0.50g	2.500%	90.00mg	6.00g	28.00g	1.00g		3.00g
Par Baked Pizza Big Daddy's Middle School	1 slice	360.00	8.00g	20.000%	490.00mg	16.00g	35.00g	4.00g		18.00g
PPI Mayonnaise, Packets	1 PPI Mayonnaise, Packets	60.00	1.00g	15.000%	60.00mg	6.00g	1.00g	0.00g		0.00g
sauce, bbq packet	1 sauce, bbq packet	20.00	0.00g	0.000%	90.00mg	0.00g	5.00g	0.00g		0.00g
Soybutter Meal with goldfish crackers	1	450.00	6.00g	12.000%	600.00mg	22.00g	43.00g	5.00g		20.00g
Veggie Chef Salad Middle School	1	357.15	3.75g	9.445%	507.91mg	10.23g	39.68g	6.18g		24.40g

3/22/2021 Butcher Community Center - Lunch

	<u>Serving Size</u>	<u>Calories</u>	<u>Saturated Fat</u>	<u>Calories from Saturated Fat (%)</u>	<u>Sodium</u>	<u>Fat</u>	<u>Carbs</u>	<u>Dietary Fiber</u>	<u>Sugars</u>	<u>Protein</u>
Apple Juice	1 juice, apple 100% fresh	60.00	0.00g	0.000%	10.00mg	0.00g	13.00g	0.00g		0.00g
Assorted Fruit	1/2 cup	55.54	0.03g	0.449%	3.68mg	0.15g	14.35g	2.00g		0.50g
Assorted Vegetables	.50 cup	24.77	0.00g	0.000%	45.86mg	0.00g	5.26g	1.87g		1.13g
Brite Harbor Lite Italian Dressing Packet	1 Brite Harbor Lite Italian Dressing Packet	50.00	0.50g	9.000%	260.00mg	4.50g	3.00g	0.00g		0.00g
cheese, sliced yellow	1 slice	53.00	2.50g	42.453%	146.50mg	4.50g	0.50g	0.00g		3.00g
fat free chocolate prairie farm	1 fat free chocolate prairie farm	110.00	N/A	N/A	180.00mg	N/A	19.00g	N/A		8.00g
fat free white milk prairie farms	1 fat free white milk prairie farms	80.00	N/A	N/A	120.00mg	N/A	11.00g	N/A		8.00g
GFS Low Sodium Lite Ranch Dressing	1 dressing, ranch buttermilk packet	30.00	0.00g	0.000%	55.00mg	2.50g	2.00g	0.00g		0.00g
Hamburger Patty	1 Hamburger Patty	120.00	3.50g	26.250%	120.00mg	8.00g	1.00g	1.00g		13.00g
M.S. Turkey & Cheese Sub Sandwich	1	307.02	4.01g	11.758%	1491.59mg	6.93g	34.68g	4.94g		28.34g

* = Calculations based on incomplete data including amounts marked "N/A"

Recipe Nutrition Summary

for Warren Consolidated Schools
March 1, 2021 through April 1, 2021

3/22/2021 Butcher Community Center - Lunch

	<u>Serving Size</u>	<u>Calories</u>	<u>Saturated Fat</u>	<u>Calories from Saturated Fat (%)</u>	<u>Sodium</u>	<u>Fat</u>	<u>Carbs</u>	<u>Dietary Fiber</u>	<u>Sugars</u>	<u>Protein</u>
Par Baked Pizza Big Daddy's Middle School	1 slice	360.00	8.00g	20.000%	490.00mg	16.00g	35.00g	4.00g		18.00g
PPI Mayonnaise, Packets	1 PPI Mayonnaise, Packets	60.00	1.00g	15.000%	60.00mg	6.00g	1.00g	0.00g		0.00g
Soybutter Meal with goldfish crackers	1	450.00	6.00g	12.000%	600.00mg	22.00g	43.00g	5.00g		20.00g
Veggie Chef Salad Middle School	1	357.15	3.75g	9.445%	507.91mg	10.23g	39.68g	6.18g		24.40g
Whole Wheat Hamburger Bun	1 bun, hamburgers, sliced, whole wheat 4"	130.00	0.00g	0.000%	125.00mg	2.00g	25.00g	5.00g		5.00g

3/25/2021 Butcher Community Center - Lunch

	<u>Serving Size</u>	<u>Calories</u>	<u>Saturated Fat</u>	<u>Calories from Saturated Fat (%)</u>	<u>Sodium</u>	<u>Fat</u>	<u>Carbs</u>	<u>Dietary Fiber</u>	<u>Sugars</u>	<u>Protein</u>
Apple Juice	1 juice, apple 100% fresh	60.00	0.00g	0.000%	10.00mg	0.00g	13.00g	0.00g		0.00g
Assorted Fruit	1/2 cup	55.54	0.03g	0.449%	3.68mg	0.15g	14.35g	2.00g		0.50g
Assorted Vegetables	.50 cup	24.77	0.00g	0.000%	45.86mg	0.00g	5.26g	1.87g		1.13g
Bosco Sticks - Whole Grain	2 Bosco Sticks - Whole Grain	300.00	5.00g	15.000%	440.00mg	10.00g	34.00g	4.00g		20.00g
Chicken Chef Salad Middle School	1	539.65	6.61g	11.032%	895.91mg	8.42g *	54.12g	9.18g		31.11g
Chicken Patty Sandwich	1	353.77	3.14g	7.999%	688.50mg	2.99g *	33.72g	4.48g		17.04g
fat free chocolate prairie farm	1 fat free chocolate prairie farm	110.00	N/A	N/A	180.00mg	N/A	19.00g	N/A		8.00g
fat free white milk prairie farms	1 fat free white milk prairie farms	80.00	N/A	N/A	120.00mg	N/A	11.00g	N/A		8.00g
GFS Low Sodium Lite Ranch Dressing	1 dressing, ranch buttermilk packet	30.00	0.00g	0.000%	55.00mg	2.50g	2.00g	0.00g		0.00g
HS Ham & Cheese Sub	1	357.92	7.51g	18.888%	1183.30mg	15.59g	31.70g	4.58g		26.43g
Litehouse Classic Ranch Dressing Packet	1 Litehouse Classic Ranch Dressing Packet	210.00	3.00g	12.857%	330.00mg	21.00g	5.00g	0.00g		0.00g
PPI Mayonnaise, Packets	1 PPI Mayonnaise, Packets	60.00	1.00g	15.000%	60.00mg	6.00g	1.00g	0.00g		0.00g
sauce, bbq packet	1 sauce, bbq packet	20.00	0.00g	0.000%	90.00mg	0.00g	5.00g	0.00g		0.00g

* = Calculations based on incomplete data including amounts marked "N/A"

Recipe Nutrition Summary

for Warren Consolidated Schools
March 1, 2021 through April 1, 2021

3/25/2021 Butcher Community Center - Lunch

	<u>Serving Size</u>	<u>Calories</u>	<u>Saturated Fat</u>	<u>Calories from Saturated Fat (%)</u>	<u>Sodium</u>	<u>Fat</u>	<u>Carbs</u>	<u>Dietary Fiber</u>	<u>Sugars</u>	<u>Protein</u>
sauce, marinara	1 sauce, marinara	60.00	0.00g	0.000%	490.00mg	2.00g	9.00g	2.00g		2.00g
Soybutter Meal with goldfish crackers	1	450.00	6.00g	12.000%	600.00mg	22.00g	43.00g	5.00g		20.00g

3/29/2021 Butcher Community Center - Lunch

	<u>Serving Size</u>	<u>Calories</u>	<u>Saturated Fat</u>	<u>Calories from Saturated Fat (%)</u>	<u>Sodium</u>	<u>Fat</u>	<u>Carbs</u>	<u>Dietary Fiber</u>	<u>Sugars</u>	<u>Protein</u>
Apple Juice	1 juice, apple 100% fresh	60.00	0.00g	0.000%	10.00mg	0.00g	13.00g	0.00g		0.00g
Assorted Fruit	1/2 cup	55.54	0.03g	0.449%	3.68mg	0.15g	14.35g	2.00g		0.50g
Assorted Vegetables	.50 cup	24.77	0.00g	0.000%	45.86mg	0.00g	5.26g	1.87g		1.13g
Brite Harbor Lite Italian Dressing Packet	1 Brite Harbor Lite Italian Dressing Packet	50.00	0.50g	9.000%	260.00mg	4.50g	3.00g	0.00g		0.00g
fat free chocolate prairie farm	1 fat free chocolate prairie farm	110.00	N/A	N/A	180.00mg	N/A	19.00g	N/A		8.00g
fat free white milk prairie farms	1 fat free white milk prairie farms	80.00	N/A	N/A	120.00mg	N/A	11.00g	N/A		8.00g
GFS Low Sodium Lite Ranch Dressing	1 dressing, ranch buttermilk packet	30.00	0.00g	0.000%	55.00mg	2.50g	2.00g	0.00g		0.00g
GFS Whole Grain Honey Wheat Dinner Rolls	1 GFS Whole Grain Honey Wheat Dinner Rolls	80.00	0.00g	0.000%	90.00mg	1.00g	13.00g	1.00g		3.00g
M.S. Turkey & Cheese Sub Sandwich	1	307.02	4.01g	11.758%	1491.59mg	6.93g	34.68g	4.94g		28.34g
Par Baked Pizza Big Daddy's Middle School	1 slice	360.00	8.00g	20.000%	490.00mg	16.00g	35.00g	4.00g		18.00g
PPI Mayonnaise, Packets	1 PPI Mayonnaise, Packets	60.00	1.00g	15.000%	60.00mg	6.00g	1.00g	0.00g		0.00g
Soybutter Meal with goldfish crackers	1	450.00	6.00g	12.000%	600.00mg	22.00g	43.00g	5.00g		20.00g
Teriyaki Beef Dippers	1	427.66	5.11g *	10.750% *	1557.89mg *	14.95g	44.73g *	5.06g *		26.01g *
Veggie Chef Salad Middle School	1	357.15	3.75g	9.445%	507.91mg	10.23g	39.68g	6.18g		24.40g

* = Calculations based on incomplete data including amounts marked "N/A"