

WCS ELEMENTARY MENU * FEB. '19

A Nourished Student is a Learning Student!

Breakfast	\$1.50
Lunch	\$2.75
Milk	\$.60

Breakfast Weekly Cycle Menu
 Monday: Whole Grain Waffles, Fruit, Juice & Milk
 Tuesday: French Toast or Variety of Cold Cereals, Cheese Stick, Fruit, Juice & Milk
 Wednesday: Breakfast Pizza, Mini Cinnamon Bagels, Fruit, Juice & Milk
 Thursday: Pancake or Variety of Cold Cereals with a Cheese Stick, Fruit, Juice & Milk
 Friday: Cinnamon Toast Crunch Crisps, Yogurt, Fruit, Juice & Milk
The Ultimate Breakfast Round and BeneFIT bars are available everyday as a choice.

This institution is an Equal Opportunity Provider.



Sun

Mon

Tue

Wed

Thu

Fri

Sat



A Salad Bar is offered each day as a second choice entrée.
 Monday: Yogurt, Cheese Stick, & Banana Bread with Salad
 Tuesday: Hummus, Cheese Stick, & Pita with Salad
 Wednesday: Taco Meat, Tortilla Chips & Salsa with Salad
 Thursday: Diced Turkey & Goldfish Crackers with Salad
 Friday: Diced Chicken & Graham Crackers with Salad

HIRING
 WCS NUTRITION SERVICES IS LOOKING FOR A FEW GOOD EMPLOYEES TO FULFILL OUR NEED FOR SUBSTITUTE CAFETERIA HELPERS. APPLY ONLINE TODAY!
 Call the Nutrition Service Office at 586.698.4158 to express your interest in employment.

Soybutter & jelly sandwich, cheese stick, and goldfish crackers are offered daily as well.

4
 Mini Whole Grain Chicken Corn Dogs
 Oven Roasted Broccoli
 Cinnamon Applesauce
 Goldish Grahams

11 **REVISED**
 Popcorn Chicken
 Whole Grain Dinner Roll
 Low Fat Ranch Dressing or Kethup
 Broccoli Salad
 Peach Cup

25
 Mini Whole Grain Cheese Quesadilla
 Salsa
 Refried Beans
 Pear Cup
 Mini Rice Krispie Treat

5 **Happy 2019 Luna New Year! Year of The Pig**
 Teriyaki Beef Dippers
 Vegetable Fried Rice
 Vegetable Egg Roll
 Mandarin Oranges
 Fortune Cookie

12 **REVISED**
 Hamburger or Cheeseburger on Whole Grain Bun
 Smiley Fries
 Vegetarian Baked Beans
 Cinnamon Applesauce

26
 Hamburger with or without Cheese on Whole Wheat Bun
 Sweet Potato Waffle Fries
 Ketchup & Mustard
 Cinnamon Applesauce

6
 Whole Grain Breaded Chicken Drumstick
 Mini Corn Bread
 Orange Glazed Sweet Potatoes
 Mixed Fruit

13 **REVISED**
 Grilled Cheese Sandwich Served with Tomato Soup
 Orange Glazed Carrots
 Fruited Jello

27 **REVISED**
 WCS Made Taco Soup
 Tortilla Chips
 Cold Edamame
 Strawberry Kiwi Slushie

7 **Bagel Fun Day**
 Whole Grain Bagel
 Light Cream Cheese
 Strawberry Yogurt
 Low Fat Mozzarella Cheese Stick
 Strawberry Applesauce Mousse
 Baby Carrots w/ Ranch

14 **Valentine's Day**
 Whole Grain Cinnamon Sugar Sweet Heart Pretzel
 Strawberry Yogurt
 Low Fat Mozzarella Cheese Stick
 Marinated Tomato Salad
 Jonnytops Smoothie On a Stick
 Fat Free Strawberry Milk

8 **REVISED**
 Whole Grain Galaxy Personal Cheese Pizza
 Marinara Sauce
 Crispy Edamame
 Mini Strawberry Parfait

15 **1/2 Day of School Breakfast Only**



3/1
 Whole Grain Galaxy Personal Cheese Pizza
 Seasoned Broccoli
 Mini Banana Splits

Everyday your child has a choice of milk and an opportunity to select from a wide variety of fresh fruits and vegetables to complete their meal.



School closings due to inclement weather cause a change in the lunch menu. Please note that on the day of return, the snow day's menu will be used.

Feb. 18—22 Winter Break

Feb. 18th — Mar. 1st
 INTERSESSION WEEK FOR YEAR ROUND SCHOOLS - SEPARATE MENU POSTED ONLINE