



MIDDLE SCHOOL * JUNE. 23

A nourished student is a learning student!

This institution is an equal opportunity provider.

Breakfast Reduced	\$.30
Breakfast Paid	\$1.75
Lunch Reduced	\$.40
Lunch Paid	\$3.00



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>HIRING</p> <p>WCS NUTRITION SERVICES IS LOOKING FOR A FEW GOOD EMPLOYEES TO FULFILL OUR NEED FOR CAFÉTERIA HELPERS. APPLY ONLINE TODAY! Call the Nutrition Service Office at 586.698.4158 to express your interest in employment.</p>	 <h1>June</h1>			<p>1</p> <p>Bacon Ranch Burger on Whole Wheat Bun Or Whole Grain Grilled Cheese</p> <p>Roasted Broccoli with Onions and Parmesan Cheese Side Salad</p>	<p>2</p> <p>Whole Grain Cheese Quesadilla with Salsa or Sour Cream Or Whole Grain Mini Corn Dogs</p> <p>Corn with Peppers Side Salad</p>	
	<p>5</p> <p>Ham & Cheese on Whole Grain Pretzel Roll Or Whole Grain Crust Cheese Pizza</p> <p>Roasted Broccoli Side Salad</p>	<p>6</p> <p>Whole Grain Pull Apart Cheese Bread Or Whole Grain Breaded Chicken Nuggets Whole Grain Dinner Roll</p> <p>Green Beans Side Salads</p>	<p>7</p> <p>Bosco Sticks & Tomato Dipping Sauce Or Oven Baked Italian Sub</p> <p>Fruited Jello Baked Potato Halves Side Salads</p>	<p>8</p> <p>Whole Grain Cheese Ravioli with Marinara Sauce with Whole Wheat Dinner Roll Or Beef Fiesta Pizza</p> <p>Peas & Carrots Side Salads</p>	<p>9</p> <p>Hot and Spicy Chicken Tenders With Whole Wheat Roll Or Cooks Choice</p> <p>Roasted Edamame Side Salad</p>	
<p>12</p> <p>Cooks Choice Entrée Or Whole Grain Crust Cheese Pizza</p> <p>Assorted Fruits Assorted Vegetables</p>	<p>13</p> <p>Cooks Choice Entrée</p> <p>Assorted Fruits Assorted Vegetables</p>	<p>14</p> <p>Cooks Choice Entrée</p> <p>Assorted Fruits Assorted Vegetables</p>	<p>15</p> <p>Last Day of School</p> <p>Half Day Breakfast Only</p>			

IMPORTANT

The last week & a half of school, the head cooks may be offering additional hot entrée choices in addition to what is featured on the menu. These cook's choices will vary from school to school as a way to empty out the freezer in preparation of summer shut down.



Cold Lunch Choices

Monday, Wednesday, & Friday
Soybutter Meal
Chicken Chef
Salad w/ Ranch Dressing
Hummus Platter
Chicken Sandwich
Spicy Chicken Sandwich

Tuesday & Thursday
Parfait w/
Banana Bread
Veggie Chef
Salad w/ Italian Dressing
Turkey Sub
Sandwich w/ Mayo & Mustard Packet
Hamburger & Cheese Burgers
Choice Of Milk

Have a Safe and Healthy Summer

