

BUTCHER * JUNE '23

A nourished student is a learning student!

This institution is an equal opportunity provider.

Breakfast Reduced	\$0.30
Breakfast Paid	\$1.75
Lunch Reduced	\$0.40
Lunch Paid	\$3.00
Milk Only	\$0.60

WCS Nutrition Services
A nourished student is a learning student!

Sun

HIRING

WCS NUTRITION SERVICES IS LOOKING FOR A FEW GOOD EMPLOYEES TO FULFILL OUR NEED FOR CAFÉTERIA HELPERS. APPLY ONLINE TODAY! Call the Nutrition Service Office at 586.698.4158 to express your interest in employment.

IMPORTANT

Mon

Tue

Wed

Thu

Fri

Sat



5

Sloppy Joe with a Whole Grain Bun
Or
Whole Grain Crust Cheese Pizza

Oven Roasted Broccoli
Side Salads

12

Whole Grain Crust Cheese Pizza
Or
A Variety of Cooks Choice Entrées

Assorted Vegetables
Assorted Fruits

6

All Beef Hot Dog on Whole Grain Bun
Or
French Bread Pizza

Carrots & Corn

13

Regular or Spicy Chicken Patty on a Whole Wheat Bun
Or
A Variety of Cooks Choice Entrées

Assorted Vegetables
Assorted Fruits

7

Bosco Sticks & Tomato Dipping Sauce
Or
Oven Baked Italian Sub

Veggie Baked Beans
Mini Blueberry Parfait
Side Salads

14

Bosco Sticks & Tomato Dipping Sauce
Or
A Variety of Cooks Choice Entrées

Assorted Vegetables
Assorted Fruits

1

Meatballs, Mashed Potatoes with Brown Gravy and Whole Wheat Dinner Roll
Or
Jalapeno Cheese Bites

Steamed Mixed Veggies
Side Salads

8

Whole Grain Breaded Chicken Tenders & Whole Grain Dinner Roll
Or
Whole Grain Mini Cheese Ravioli w. Marinara Sauce & Whole Wheat Dinner Roll
Green Beans
Side Salad

15

Last Day of School

Half Day Breakfast Only

2

Whole Grain Chicken Pizza Quesadilla
Or
Cheese Burger
Veggie Burger

Roasted Carrots
Side Salad

9

Beef Dippers with Vegetable Fried Rice
Mixed Vegetables
Or
Cooks Choice Entrée

Assorted Vegetables
Assorted Fruits



Cold Lunch Choices

Every Day

- Soybuttermilk Meal,
- Chicken Chef Salad,
- Veggie Chef Salad
- Hummus Platter
- Large Parfaits with Banana Bread
- Turkey Sub
- Choice Of Milk

The last week & a half of school, the head cooks may be offering additional hot entrée choices in addition to what is featured on the menu. These cook's choices will vary from school to school as a way to empty out the freezer in preparation of summer shut down.



HAVE A SAFE AND HEALTHY SUMMER

