

# COMMUNITY HIGH \* MAR 18

A nourished student is a learning student!

This institution is an equal opportunity provider.



Breakfast	\$1.75
Lunch	\$3.25
Milk	\$0.60



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Boneless Hot & Spicy Chicken Wings served with a Whole Grain Roll  Seasoned Green Beans  Mashed Sweet Potato with Marshmallows	2 Oven Baked Meatball Sub or Fish Sandwich  Creamy Coleslaw  Fruited Jello	
	5 Whole Grain Chicken or Cheese Quesadillas With Salsa & Sour Cream  Oven Roasted Broccoli  Vegetarian Baked Beans	6 All Beef Hot Dog On a Whole Wheat Bun Served with a Dinner Roll  Oven Baked Fries  Vegetarian Baked Beans	7 <b>Breakfast for Lunch</b> Whole Grain Eggo Mini Maple Waffles  Turkey Sausage  Hash Brown Patties  Baby Carrots w/ Ranch  Assorted Juice	8 Whole Wheat Macaroni & Cheese with A Dinner Roll  Seasoned Green Beans	9 <b>1/2 Day Breakfast Service Only</b>	
	12 Hot & Spicy Chicken Tenders served With a Whole Grain Breadstick  Seasoned Peas & Carrots  Strawberry Parfait	13 Hot Ham & Cheese on a Pretzel Bun  Vegetarian Baked Beans  Dill Seasoned Carrots	14 Bosco Sticks & Tomato Dipping Sauce  Parmesan Roasted Onions and Broccoli	15 <b>1/2 Day Breakfast Service Only</b>	16 Buffalo Chicken Pizza Or Fish Sandwich  Seasoned Green Beans  <b>Green Fruited Jello</b>	
	19 Philly Steak & Cheese Sub  Oven Baked Fries  Cinnamon Applesauce	20 2 for 1 Reduced Fat Turkey Tacos on Ultragrain Tortillas with Salsa & Sour Cream  Refried Beans	21 Bosco Sticks & Tomato Dipping Sauce  Oven Roasted Broccoli  Seasoned Peas  Mini Banana Split	22 Whole Wheat Beef Fiestada  Seasoned Green Beans  Pumpkin Pudding	23 Buffalo Chicken Pizza or Fish Sandwich  Dill Seasoned Carrots  Baked Potato Half	
	26 Whole Grain Chicken or Cheese Quesadillas With Salsa & Sour Cream  Broccoli Salad	27 All Beef Hot Dog On a Whole Wheat Bun Served with a Dinner Roll  Oven Baked Fries  Vegetarian Baked Beans	28 <b>1/2 Day Breakfast Service Only</b>	29 <b>1/2 Day Breakfast Service Only</b>	30 <b>No School</b>	

March 5-9 is the National School Breakfast Week!



## HIRING

WCS NUTRITION SERVICES IS LOOKING FOR A FEW GOOD EMPLOYEES TO FULFILL OUR NEED FOR SUBSTITUTE CAFETERIA HELPERS. APPLY ONLINE TODAY!

Call Nutrition Services at 586.698.4158 to express your interest in employment.

**Also Offered Daily:**  
Salad bar, cold sandwiches, chicken sandwiches, spicy chicken sandwiches, hamburgers, and pizza.

Try any of our assorted fresh fruits and vegetables offered daily.

**A complete lunch consists of one entrée, up to two sides, and choice of milk. A serving of a fruit or vegetable is a required component of complete lunch.**