

WCS WORLD OF FOURS MENU * MARCH 18

This institution is an Equal Opportunity Provider.

A Nourished Student is a Learning Student!



Sun

1% white milk included with lunch.

HIRING

WCS NUTRITION SERVICES IS LOOKING FOR A FEW GOOD EMPLOYEES TO FULFILL OUR NEED FOR SUBSTITUTE CAFÉTERIA HELPERS. APPLY ONLINE TODAY!
Call the Nutrition Service Office at 586.698.4158 to express your interest in employment.

Mon

5 Whole Grain Breaded Chicken Patty on a Whole Wheat Bun
Low Fat Ranch Dressing
Oven Roasted Broccoli
Mixed Fruit

12 Hamburger with or without Cheese on Whole Wheat Bun
Smiley Fries
Ketchup & Mustard
Cinnamon Applesauce

26 Grilled Boneless Chicken Sandwich on a Whole Wheat Bun
Low Fat Ranch Dressing
Oven Roasted Broccoli
Mixed Fruit

Tue



6 **Breakfast For Lunch**
Whole Grain Eggo Mini
Maple Pancakes
Turkey Sausage
Baby Carrots w/ Ranch
Diced Pears

13 Whole Grain Cheese Italian Dunker
Marinara Sauce
Fresh Broccoli Buds w/ Ranch
Diced Peaches

27 **Breakfast For Lunch**
Whole Grain Eggo Mini
Maple Pancakes
Turkey Sausage
Baby Carrots w/ Ranch
Diced Pears

Wed

7 All Beef Meatballs w/ Mashed Potatoes & Gravy
Whole Grain Scooby Snacks
Diced Peaches

14 **WCS made Chicken Alfredo**
Be Strong Chickpeas
Strawberry Parfait

28 Soybutter & Jelly Sandwich
Low Fat Mozzarella Cheese Stick
Carrot Sticks w/ Ranch
Fresh Apple

Thu

1 **Bagel Fun Day**
Whole Grain Bagel
Light Cream Cheese
Strawberry Yogurt
Low Fat Mozzarella Cheese
Stick & Apple Juice
Celery Sticks w/ Ranch

8 Popcorn Chicken
Low Fat Ranch or Ketchup
Whole Grain Dinner Roll
Vegetarian Baked Beans
Cinnamon Applesauce

15 Whole Grain Breaded Chicken Nuggets
Whole Grain Goldfish Graham
Seasoned Carrots
Fresh Apple

29 **1/2 Day of School Breakfast Only**

Fri

2 **No School**

9 **No School**

16 **No School**

30 **No School**

Sat

**March 19-23
Home Visit
No School**