

A Nourished Student is a Learning Student!

This institution is an equal opportunity provider.

Important Notice on Menu Changes in 202122 School Year

Due to severe labor shortage in our department and food shortage across the nation, WCS Nutrition Services anticipate frequent menu changes in 2021-22 School Year. We will head start program of all menu changes prior to the serving day so proper announcement can be made.

Su	Mon	Tue	Wed	Thu	Fri	Sat
	<p>4 Whole Grain Bagel with Cream Cheese Mozzarella String Cheese Strawberry Yogurt 1 Bag Fresh Apple Slices 1 bag Broccoli Buds w/ Ranch Packet</p>	<p>5 Sloppy Joe served on Whole Grain Hotdog Bun Seasoned Broccoli 1/4 cup Mixed Fruit Cup</p>	<p>6 1 (cold) Ham & Cheese Sandwich on Pretzel Bun 1/4 cup Fresh Cucumber Chunks w/ Ranch 1 Fresh Pear</p>	<p>7 3 Whole Grain Cheese Ravioli 1/2 cup Marinara Sauce Garnished with Parmesan Cheese 1/4 cup Seasoned Green Beans 1/2 cup Warm Apple & Cherry Crisp</p>	<p>8 Vegetable Lasagna 1 bag Fresh Cherry Tomatoes 1/4 cup Blueberry Parfait</p>	 <p>Head Start</p> <div style="border: 2px solid green; border-radius: 50%; padding: 10px; display: inline-block;"> <p>1% White MILK INCLUDED WITH LUNCH</p> </div>
	<p>11 Soybutter & Jelly Sandwich 1 bag Cheese Cubes 1 bag Broccoli Buds w/ Ranch 1 Bag Fresh Apple Slices</p>	<p>12 6oz Reduced Fat Macaroni & Cheese 1/4 cup Dilled Seasoned Carrots 1/4 cup Mixed Fruit Cup</p>	<p>13 Turkey Enchilada Bake 1/4 cup Refried Beans 1/4 cup Mexican Street Corn 1 Fresh Banana</p>	<p>14 Pizza Lunchable 8 Turkey Pepperoni 1.5oz Shredded Mozzarella Cheese 2 Whole Grain Flatbread 1 Marinara Sauce Cup 1/4 cup Fresh Cucumber Chunks w/ Ranch 1 Fresh Pear</p>	<p>15 1 Cheeseburger on a Whole Wheat Bun Ketchup and Mustard 1/4 cup Seasoned Green Beans 1/4 cup Strawberry Parfait</p>	
	<p>18 Smoked Turkey Breast Stick 1 bag Cheese Cubes Whole Grain Goldfish Crackers 1 bag Fresh Cherry Tomatoes 1 Bag Fresh Apple Slices</p>	<p>19 3 Whole Grain Breaded Chicken Tenders BBQ Sauce Packet 1/4 cup Seasoned Broccoli 1 Fresh Pear</p>	<p>20 BREAKFAST FOR LUNCH Whole Grain Blueberry Waffle 2 Turkey Sausage Patties 2 Hash Brown Rounds 1 Grape Juice</p>	<p>21 1 Whole Grain Chicken Patty on a Three Grain Bun 1/4 cup Seasoned Peas & Carrots BBQ Sauce 1 Fresh Banana</p>	<p>22 No School</p>	
	<p>25 Whole Grain Bagel with Cream Cheese Mozzarella String Cheese Strawberry Yogurt 1 Bag Fresh Apple Slices 1 bag Broccoli Buds w/ Ranch Packet</p>	<p>26 5 Swedish Meatball served w/ 1/4 cup Mashed Potatoes & 1 Whole Grain Dinner Roll 1/4 cup Dill Seasoned Carrots 1/4 cup Peach Parfait</p>	<p>27 TACO SALAD Taco Salad with Taco Meat, Corn, Black Beans, Shredded Cheese, Salsa, & Black Olives Sour Cream Packet Dinner Roll Fresh Banana</p>	<p>28 Happy Halloween 3 Spooky Farm Chicken Nuggets 1 bag Yucky Bug Bites Grahams 1/4 cup Seasoned Broccoli 1 Eek Slushie</p>	<p>29 6 Whole Grain Breaded Corn Dogs Ketchup 1/4 cup Seasoned Green Beans 1/4 cup Pineapple Tidbits</p>	