

**Michigan Department of Education
Office of Health and Nutrition Services
School Nutrition Programs**

**Local Wellness Policy:
Triennial Assessment Summary**

Background

The Healthy, Hunger-Free Kids Act of 2010 requires Local Educational Agencies (LEAs) to update or modify their wellness policy, as appropriate. When wellness committees meet on a regular basis throughout the school year, an assessment plan should be used to ensure progress is being made on the district's wellness policy and procedures.

Purpose

The template below is offered to help summarize the information gathered during your assessment. Members of a school wellness committee who are completing the triennial assessment for their school wellness policy may use this template. It contains the three required components of the triennial assessment, including 1) compliance with the wellness policy, 2) how the wellness policy compares to model wellness policies, and 3) progress made in attaining the goals of the wellness policy.

Results

The copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. Many LEAs choose to post the results on their district website. The triennial assessment summary and the assessment details must be shared.

Recordkeeping

Keep a copy of the most recent triennial assessment, along with supporting documentation on file. This will be needed when you have a School Nutrition Program administrative review.

Resources

<https://www.fns.usda.gov/tn/local-school-wellness-policy>

https://www.michigan.gov/mde/0,4615,7-140-66254_50144-194546--,00.html

Section 1: General Information

School(s) included in the assessment: All Warren Consolidated Schools

Month and year of current assessment: June 2024

Date of last Local Wellness Policy revision: June 2021

Website address for the wellness policy and/or information on how the public can access a copy:

<http://wcskids.net/Departments/Nutrition-Services/wellness/index.html>

Section 2: Wellness Committee Information

How often does your school wellness committee meet? Quarterly

School Wellness Leader:

Name	Job Title	Email Address
Kimberly Winters	Benefits Manager	kwinters@wcskids.net

School Wellness Committee Members:

Name	Job Title	Email Address
Ashely Agrusa	Nutrition Service Supervisor	aagrusa@wcskids.net
Leah Berdy	School Board Member	lberdy@wcskids.net
Ann Clark	School Nurse	aclark@wcskids.net
Doreen Dickman	School Social Worker	ddickman@wcskids.net
Caroline Dylewski	Director of Nutrition Services	cdylewski@wcskids.net
Pam Fry	Executive Director of Curriculum	pfry@wcskids.net
Brian Aiosa	Curriculum and Technology Specialist	Baiosa@wcskids.net
Frank Kyewski	Assistant Highschool Principal	fkyewski@wcskids.net
Terri Laws	Technical Production Specialist	tlaws@wcskids.net
Kyla Marcial	School Social Worker	kmarcial@wcskids.net
Albana Metaj	School Counselor	ametaj@wcskids.net
Craig Miller	High School Principal	cmiller@wcskids.net
Ronetta Muha	School Nurse	rmuha@wcskids.net
Corey Tremmel	Executive Director of Employment and Labor Relations	ctremmel@wcskids.net
Alecia West	School Counselor	awest@wcskids.net

Section 3. Comparison to Model School Wellness Policies

Indicate the model policy language used for comparison:

- Michigan State Board of Education Model Local School Wellness Policy
- Alliance for a Healthier Generation: Model Policy
- WellSAT 3.0 example policy language

Describe how your wellness policy compares to model wellness policies.

Our wellness policy is modeled after NEOLA policies which model the State Board of Education Model Local Wellness Policy.

Section 4. Compliance with the Wellness Policy and progress towards goals

At a minimum, local wellness policies are required to include:

- Specific goals for:
 - Nutrition promotion and education
 - Physical activity
 - Other school-based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Using the table below to indicate the progress made with each goal included in the Wellness Policy. The table may be used for each school separately or the district.

Tip: When developing a wellness plan, ensure activities are meeting goals by developing SMART objectives:

- **Specific:** Identify the exact area to improve.
- **Measurable:** Quantify the progress.
- **Attainable:** Determine what is achievable.
- **Realistic:** Consider resources and determine what can reasonably be accomplished.
- **Time bound:** Identify deadlines for goals and related tactics.

The Centers for Disease Control and Prevention (CDC) has tips for developing [SMART objectives](#).

Michigan Department of Education Local Wellness Policy Assessment Plan

School Name: Warren Consolidated Schools

Date: June 2024

Nutrition Promotion and Education Goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
The Nutrition Services Department will provide healthy eating and nutrition information for parents and community members.	Information is shared on the Health E Pro (where parents see menus)..there are side bar links. Information is also on the Nutrition Services Website.	Ongoing	physically verify materials	Caroline Dylewski or Ashley Agrusa		This is done monthly.
Taste Testing is done randomly throughout the school year at all grade levels. This can be hosted by dietetic interns, vendors, or our kitchen staff.		Ongoing	Keep copies of surveys on hand that are completed by students	Caroline Dylewski or Ashley Agrusa	students	As staffing shortages have become an issue, have parented more with vendors to help host the taste testing.
Hang posters in cafeteria promoting My Plate and Nutritional Posters	Permanent signage has been mounted in all service lines. Each school year new posters are bought to be displayed throughout the service lines that are grade appropriate	Ongoing	physically verify My Plate Posters are hung in all buildings	Caroline Dylewski or Ashley Agrusa	students' parents, staff	Department now as a laminator to ensure longevity of signage. Additionally, the purchase of more vinyl stickers has been bought.
The Nutrition Services Department will promote healthy food and beverage choices for all students as well as encourage participation in school meal programs.	Check all coolers for appropriate marketing, order new coolers if needed	Ongoing	physically verify marketing materials	Caroline Dylewski	all students, staff, parents	All coolers that had signage for items that were not smart snack compliant have been removed from cafeterias.

Dietetic Interns are used to get into elementary classrooms to teach My Plate	Creation of Nutrition Teaching Boxes Nutrition Teaching Boxes of tangibles have been purchased and are on hand for interns to use when presenting in the classroom	Ongoing		Caroline Dylewski or Ashley Agrusa	Elementary students	
Upgrade the Nutrition Services parent website to post menus and nutritional data	Health E Pro was purchased for the 2023/24 school year. Allows parents easy access to nutritional data for all items served on the lines.	September 2023	Upgrading the system for the 2024/25 school year to ensure a mobile app for parents	Caroline Dylewski and Ashley Agrusa	Students, staff, and parents	
Secondary Health Curriculum	Teachers implement health curriculum to middle school & high school students	Annually	Currently being offered as an elective.	Curriculum Department	Secondary Students	Complete with revisions as needed
Increase Wellness/Physical Activity throughout all schools	Creation of Wellness Week/Wellness Fairs in partnership with the American Heart Association	Spring 2025	Participation numbers. Data collected through the American Heart Association	Wellness Committee	All students, staff, parents	First held in the winter of 2024.
Creation of Wellness Website	Continuing to utilize the public relations department to add to the district website, on the community wellness, and staff wellness pages Promote the community and staff wellness pages	Annually	Active - needs monthly monitoring	Wellness Committee Benefits Department	all students, staff, parents	Continue to provide information through the Staff and Community Wellness pages.

Social and Emotional Goal(s):

Support the Social Emotional Needs of Students	District MICIP SEL Goal	2023	Required monitoring through MICIP plan	J. Elkouri, A. Organek	District and school staff	Goal & strategies are complete, monitoring is ongoing.
	Care Solace partnership	2023	Usage data is part of the online component	D. Meengs	Available to all stakeholders	Ongoing use
CARES of Southeast Michigan	Work with CARES in partnership with the Sterling Heights Drug Free Coalition and the Warren-Centerline Prevention Coalition to provide presentations, series, programs to educate students and parents	Fall 2024	Research based programs that provide constant monitoring. Suspension citation monitoring MiFi Data	Wellness Committee Building Administrators CARES of Southeast Michigan	All students, staff and parents	Beginning Fall 2024
CARES of Southeast Michigan	Employee Assistance Program, Monthly Newsletters, Prevention Assistance Programs	Annually	Data from CARES on the number of employees who partake in the EAP and prevention Assistance Programs	Kim Winters Molly Christiansen	Staff	Ongoing Use

Physical Activity Goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
The district shall offer physical education opportunities that include the components of a quality physical education program.	Curriculum is aligned to MI state standards. Elementary buildings will plan to offer a field day experience for all students	Annually	Ensure course curriculum is met. Review field day activities.	Curriculum Department	All students, staff, parents	Curriculum is complete

School-based activities to promote student wellness goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
<p>All schools are encouraged to offer before/afterschool clubs and activities that promote physical activity or healthy living.</p> <p>Examples include healthy cooking clubs, walking clubs, intramurals, community dentist visits, wellness assemblies, etc.</p>	<p>Schools will compile list of physical activity opportunities and wellness initiatives that are offered and promoted at their schools to publish on wellness pages.</p> <p>Award schools for participation at School Board Meeting.</p>	<p>Throughout School Year</p> <p>Submit responses to Wellness Committee in Early Spring</p>	<p>Schools will submit lists of activities to Wellness Committee</p> <p>Lists activities on Wellness website.</p>	<p>Wellness Committee</p>	<p>All students, staff, parents</p>	<p>Updates available on the Wellness Website</p>

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e., school meals and smart snacks):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Reimbursable school meals must meet requirements found in United States Department of Agriculture (USDA)'s Nutrition Standards for School Meals.	All menus are analyzed in Health Proc	Every menu cycle	check for 6 cent certifications	Caroline Dylewski and Ashley Agrusa	students	Yes
All foods and beverages sold to students outside the federally regulated child nutrition programs (referred to as "competitive" foods and beverages) must be consistent with USDA's Smart Snacks in School nutrition standards and Michigan Department of Education Administrative Policy No. 21 regarding Non-Compliant Food Fundraiser Guidance. These standards apply in all areas where foods and beverages are sold which may include, but are not limited to, à la carte lines, fundraising events, school stores, snack carts, and vending machines.	Communicate with all building principals and provide exempt fundraising tracking forms to be maintained at building level. Communicate with all building principals how a log of nutritional information needs to be kept on file at school stores and in the office for Healthy Vending Machines. Provide links to Smart Snack Calculator.	Ongoing	Ensuring items meet the Smart Snack rule	Caroline Dylewski	All students, staff, parents	At the beginning of each school year, we meet with building principals to review fundraising exceptions and logs. We provide samples of fundraising ideas that do not utilize food. All principals are provided links to the Smart Snack Calculator. Information has been shared with principals about Healthy Vending Machines.

Marketing and advertising of only foods and beverages that meet Smart Snacks:

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Food and beverage marketing is defined as advertising and other promotions in schools. Marketing on coolers, banners, and vending machine graphics must be compliant with USDA Smart Snack nutrition standards for items sold during the school day.	*FSD will only order & promote Smart Snack Items for food service program *Schools will evaluate their equipment and banners, seek out alternate options from vendors and brainstorm with food service to overcome obstacles	Ongoing	Physically verify materials to ensure they meet Smart Snacks	Caroline Dylewski and Building Principals	Students	All ala carte items sold to students as part of the school lunch program are reviewed each year to ensure compliancy with smart snack guidelines.